



NORMAN HENSILWOOD HIGH SCHOOL

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Dear Mr. Zion Mathew

CONGRATULATIONS & THANK YOU to I AM LEGACY OF CHAMPIONS

I trust that this finds you in good health and spirits.

It is with pleasure that I write this letter of recommendation on behalf of Norman Henshilwood High school. The I AM LEGACY Team facilitated a youth leadership training programme with 42 of our grade 11 pupils on the 24 July 2010 at NHHS in Cape Town. The programme covered the following main topics: Self empowerment, Nutrition and Careers. The content of the programme was very relevant and easy to follow in the workbooks provided to participants.

Moreover I found Mr. Mathews to be an inspiring and very creative presenter. He used humor and practical examples to empower the pupils. The two female facilitators were very organized in their input and pupils were easily able to follow their instructions. I particularly enjoyed the very fun filled games .It is clearly a good methodology that I AM LEGACY is applying to get across important messages to pupils. Pupils had fun whilst learning.

I would suggest a longer time frame for the topics to be explored more in depth for the future. However the key aspects that were covered clearly made a positive impact on our pupils. I would certainly recommend Mr. Mathews programme to any organization. I do believe that his charismatic leadership style is an asset to the I AM LEGACY Team.

I trust the above information will serve as a reasonable indicator of my thoughts on the programme input at NHHS. I wish the whole team every success in their future youth leadership work.

Respectfully

Ms Sarisha Komal
Head Leadership Development
BA , Hed , MDev

